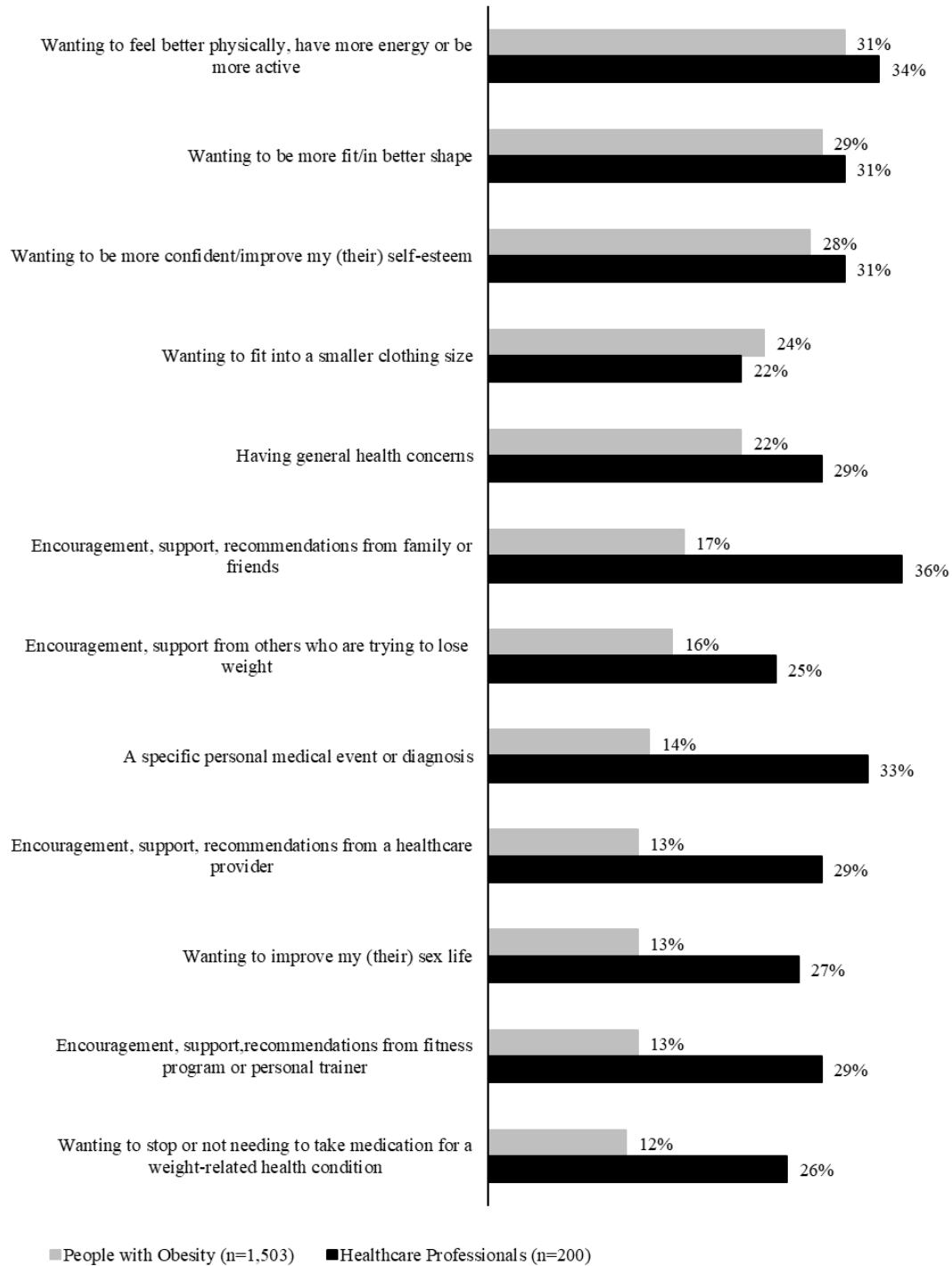
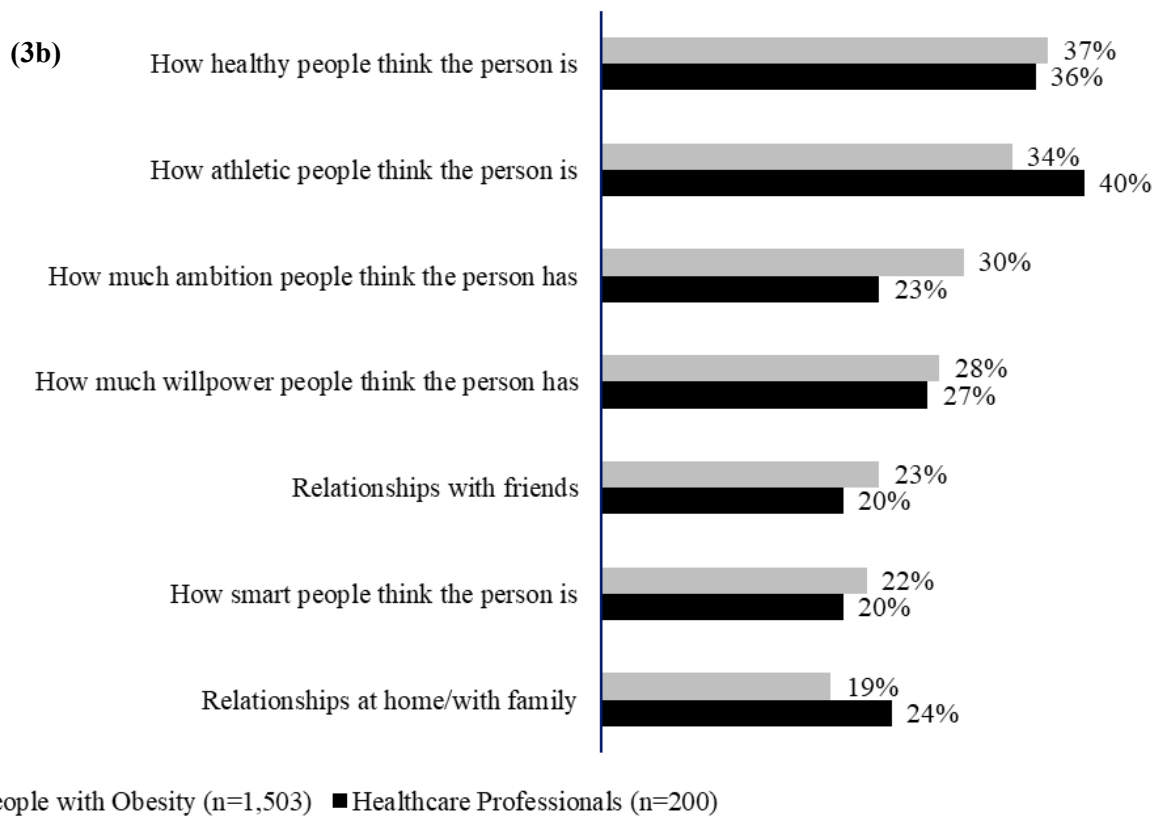
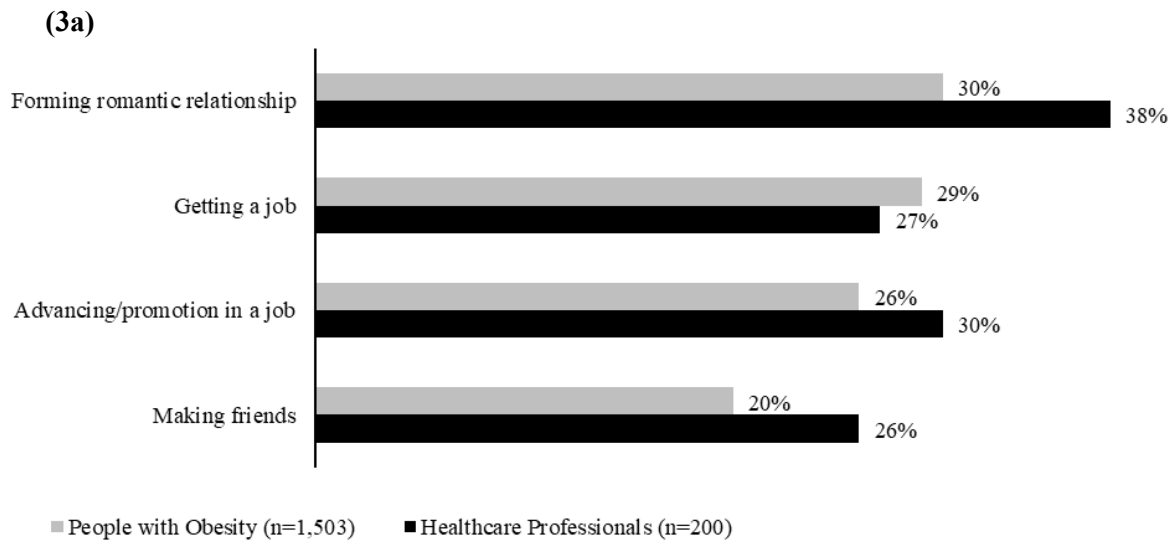


Supplementary Figure 1. Number of serious weight loss attempts*

*Serious weight loss attempts are serious weight loss efforts (e.g., followed a program, set goals, put your mind to it, or worked with a qualified healthcare professional). **Weight regain impact is weight regained after keeping weight off for at least 6 months.



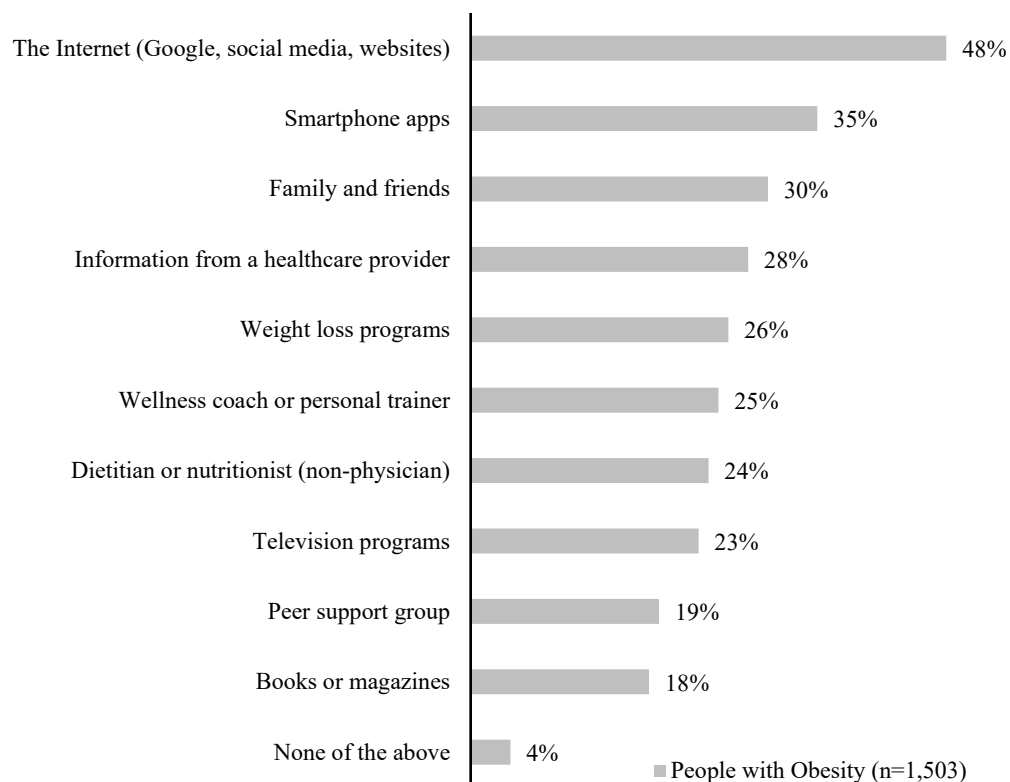
Supplementary Figure 2. Motivators for weight loss, as reported by people with obesity and healthcare professionals



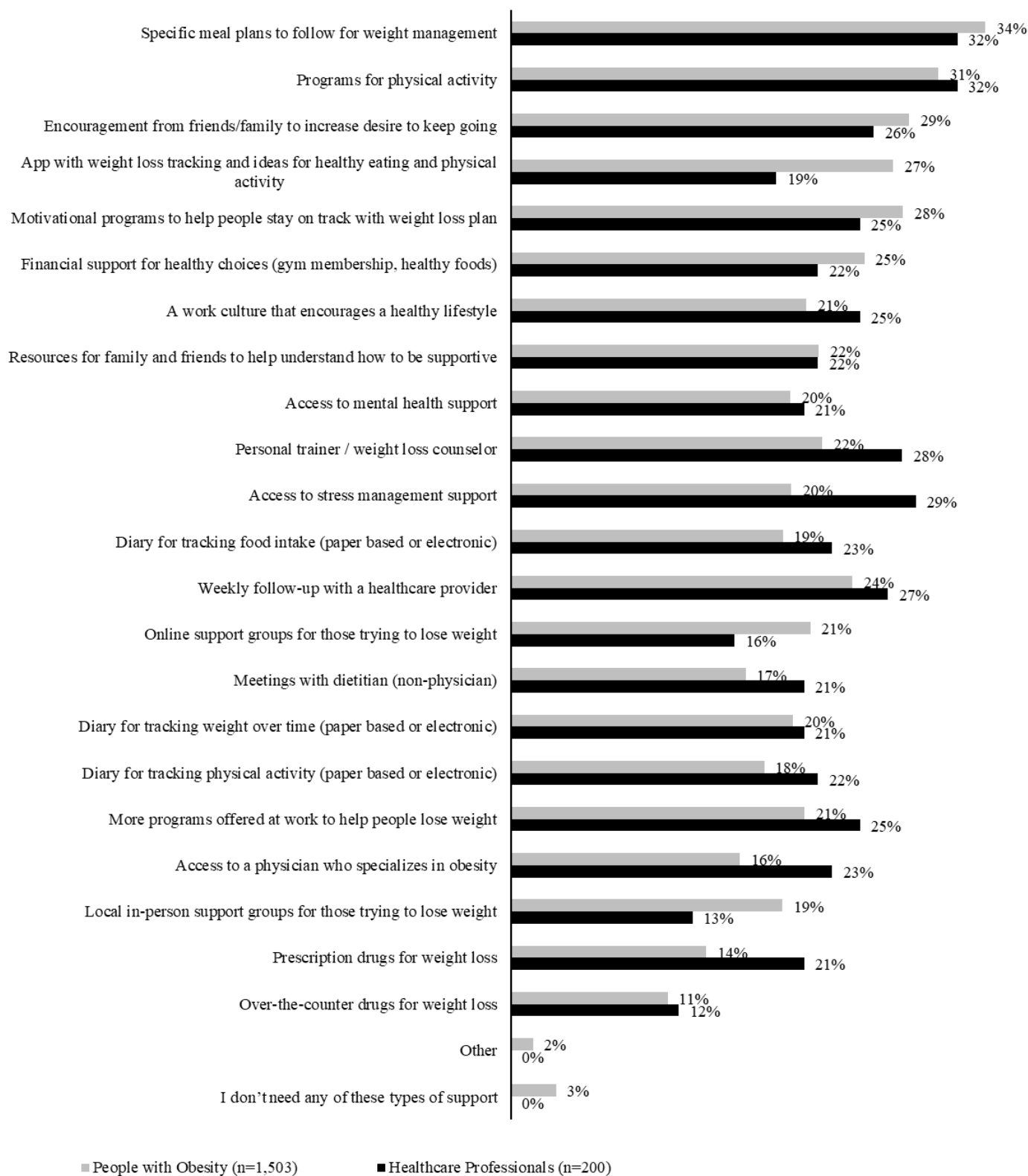
Supplementary Figure 3. Perceptions of weight stigma as reported by people with obesity and healthcare professionals.

(3a) Weight stigma impact

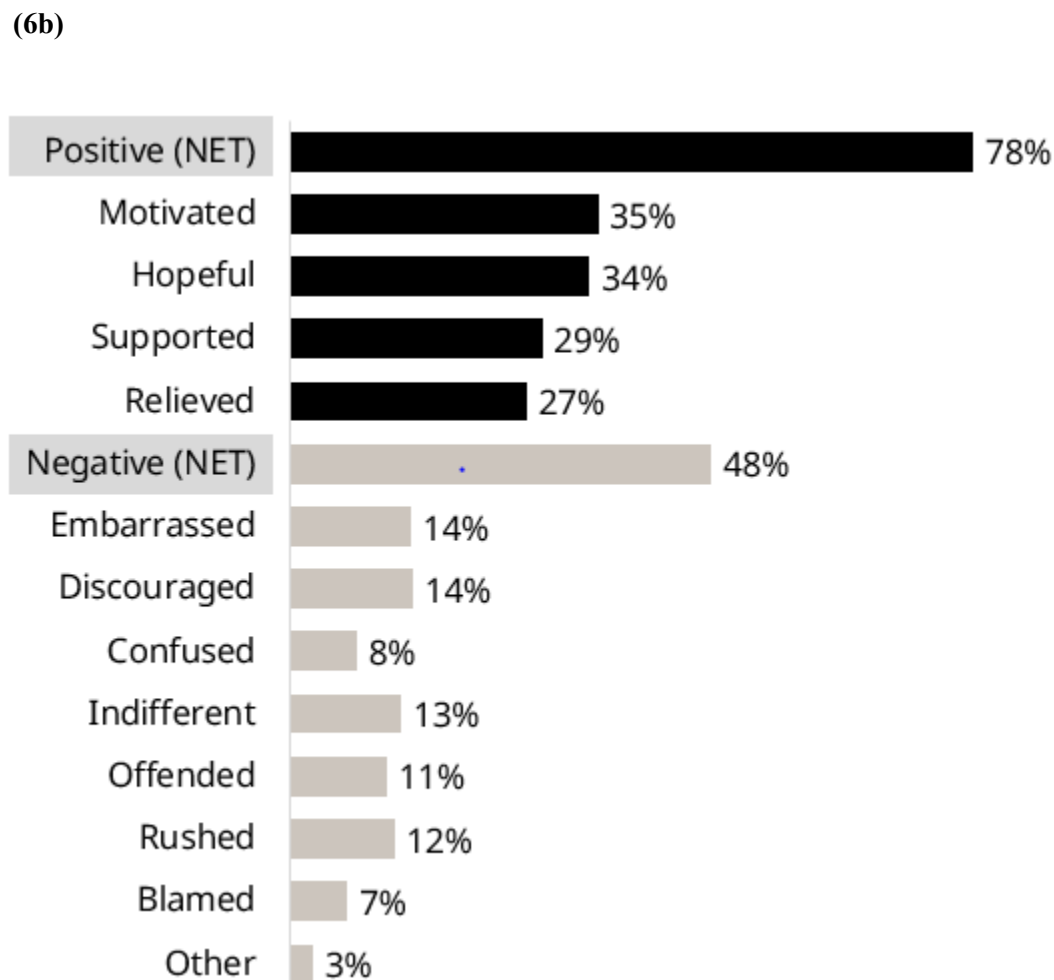
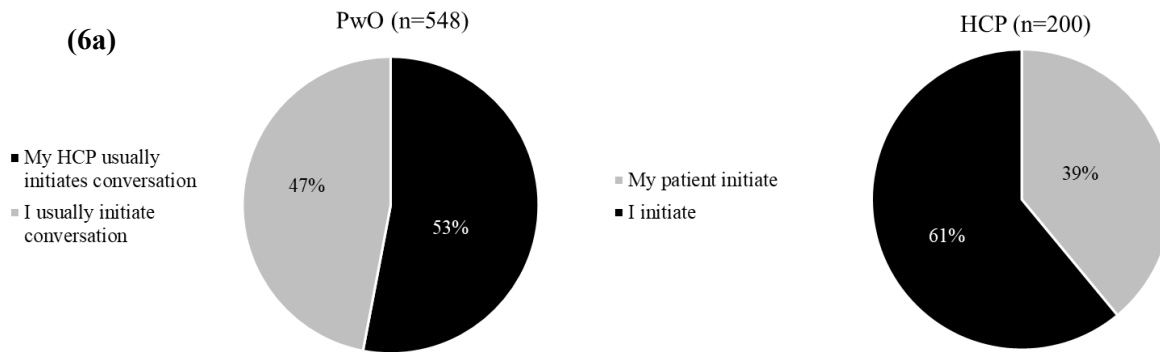
(3b) Weight stigma indicating much harder/somewhat more complicated for people with obesity



Supplementary Figure 4. Sources of information as reported by people with obesity in weight management.



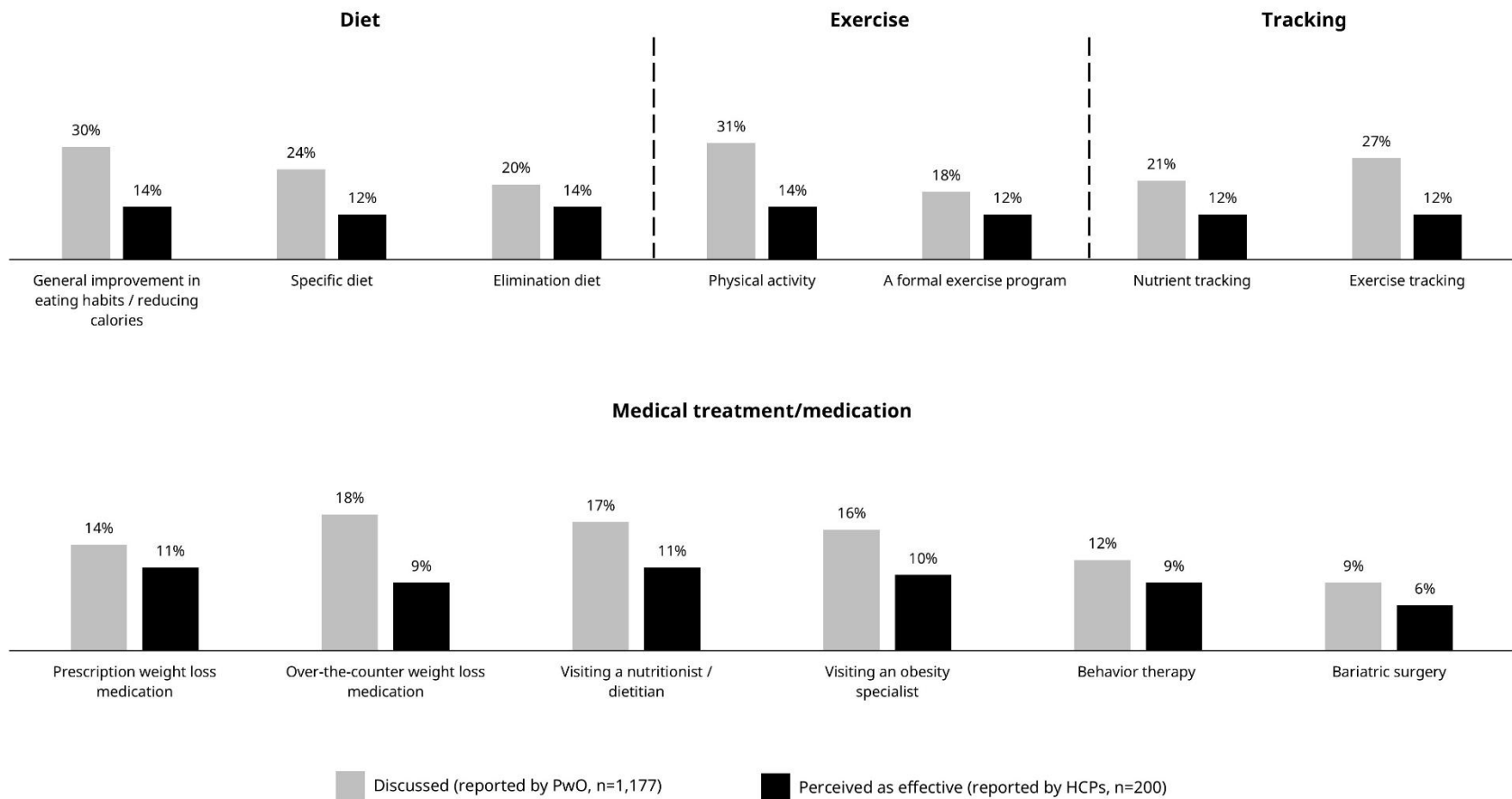
Supplementary Figure 5. Weight loss support structure, as reported by people with obesity and healthcare professionals.



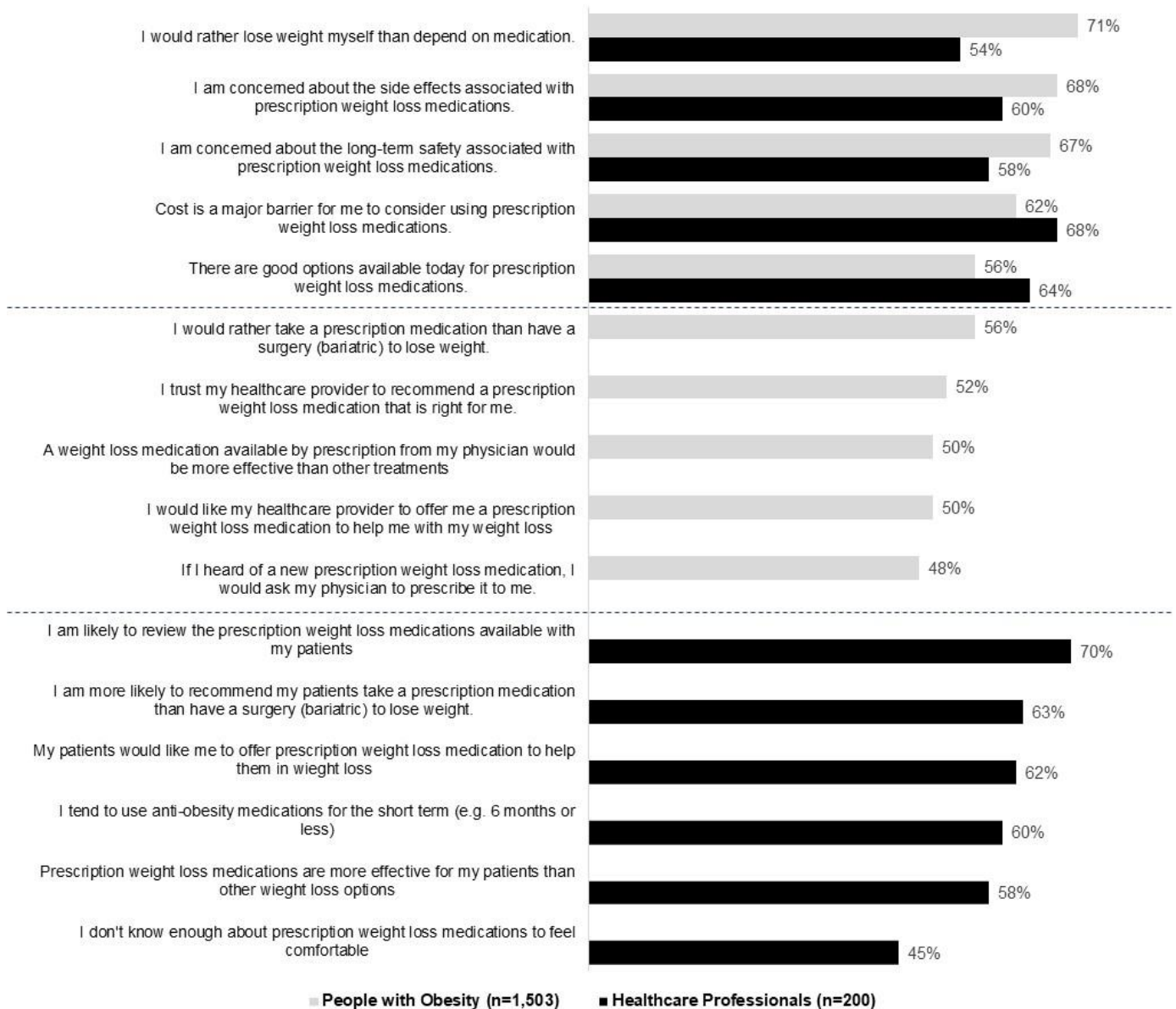
Supplementary Figure 6. Weight loss interactions, as reported by people with obesity and healthcare professionals.

(6a) Conversations about weight

(6b) Feelings of people with obesity (n=548) after weight management discussion



Supplementary Figure 7. Percentage of people with obesity who discussed weight management with their healthcare professionals and percentage of healthcare professionals who perceived most effective methods for long term weight management method.



Supplementary Figure 8. Perceived attitude towards anti-obesity medications by people with obesity (PwO) and healthcare professionals (HCPs). Statements that are different for PwO and HCPs respectively are shown separately with dashed lines.